



We are a true neighborhood café and bakery right in the heart of La Vista. Offering warm hospitality and an atmosphere in which neighbors, friends, family, and business clients can feel comfortable.

Relax with a gourmet coffee and mouth watering bakery treats right out of the oven. Read, study, enjoy free wi-fi, long quiet conversations with friends, fun club get-togethers, or connect with clients and business associates. Or just kick back and treat yourself to a well deserved break.

Come for lunch and experience the best fast food you have ever had. Don't have time to stay? Just order Take Out. Every day we are committed to baking and cooking for your enjoyment. It's all scrumptious and healthy. Where else can you find fast food made daily with the freshest of ingredients even down to the herbs? It's all here waiting for you to enjoy. Who would have thought that fast food could be so tasty, so wholesome, and sooo... good for you!

**The home of healthy fast food.**

## Breakfast Treats

**Cinnamon Rolls:** A sweet yeast roll filled with our mouth-watering cinnamon and brown sugar mix...\$1.99

**Squirrel Tails:** Our signature Danish. A flaky Danish pastry filled with either our home made honey strawberry jam or our tart apricot jam and topped with an orange ricotta cream...\$1.99

**Assorted Muffins:** Baked fresh daily. Choc full of wholesome favorites such as bananas, chocolate chips, strawberries, peaches and more, depending on the season...\$1.69

**Apple Brown Sugar Coffee Cake:** Flavorful and moist. Made with fresh granny smith apples. Treat yourself to a slice...\$1.99..... Or take a whole cake home or to the office...\$10.95

**Yogurt Granola Fruit Parfait:** Made with low fat vanilla or plain yogurt, seasonal fruit, and our own delicious granola made on the premises...\$3.75

**Quiche:** Ham and Green Onions baked in a flaky, buttery crust with a savory cheese omelette filling. Served warm...\$3.25

Fresh Mushroom and Garden Herbs in a flaky, buttery crust with a savory cheese omelette filling. Served warm...\$3.25

**Smoothies:** All natural. No artificial syrups. Blended with your choice of orange juice or lowfat vanilla yogurt and milk. A great healthy start to your day!  
Strawberry/banana...\$3.25 Peach/banana...\$3.25

Telephone: 402-933-2787 Fax: 402-614-3299 Val Verde Shopping Center - SW corner of 96th & Giles Rd.

Hours: Mon - Fri. - 7am - 6pm Sat. 7am - 4pm Sun. 8am - 2:30pm

## Coffee and Tea:

12 oz      16oz

Latte.....	\$2.65.....	\$2.99
Cappuccino.....	\$2.65.....	\$2.99
House Latte (the Turtle)...	\$3.25.....	\$3.50
Mocha.....	\$3.25.....	\$3.50
Regular Coffee.....	\$1.39.....	\$1.69
Flavored Coffee.....	\$1.39.....	\$1.69
Chai Tea Latte.....	\$2.85.....	\$3.25
Hot Tea.....	\$1.25	
Hot Chocolate.....	\$1.95	
Peach Iced Tea.....	\$1.19	
Flavored syrups.....	\$ .49	

## Sandwiches

All sandwiches come with your choice of a fresh healthy side or a cup of homemade soup, and a sweet treat.

Our sandwiches are garnished with fresh cucumber, tomato, red onion, lettuce, and mayo or mustard on either a white or a whole wheat roll.

- Roast Turkey Sandwich - \$6.99
- Roast Beef Sandwich - \$6.99
- Pastrami Sandwich - \$7.49
- Ham Sandwich - \$6.99

The following sandwiches do not come with the above mentioned garnishes. They are delicious just as they are.

- Chicken Salad Sandwich - \$6.99
- Egg Salad Sandwich - \$6.99
- Tuna Salad Sandwich - \$6.99

**Special sandwiches served weekly:** Each comes with a choice of side or soup and a sweet treat.

**Wednesday:** Roast beef served on a tasty honey curry roll and garnished with our special sweet and spicy chutney....\$8.50

**Thursday:** Pastrami served on our fresh baked rye and garnished with our crunchy homemade coleslaw....\$8.50

**Friday:** Micah's tuna melt: Our delicious homemade tuna salad garnished with red onions and Swiss cheese on a ciabatta roll and grilled on a Panini press.....\$7.99

## Panini Sandwiches:

All Panini sandwiches come with your choice of a fresh healthy side or a cup of homemade soup, and a sweet treat.

Our Panini are garnished with grilled mushrooms, slowly caramelized onions, tomato, and cheese. They are served grilled on a ciabatta roll which has been brushed with our own special blend of herbed olive oil. Simply delicious!

- Ham Panini grilled with Swiss cheese....\$6.99
- Pastrami Panini grilled with Swiss cheese....\$7.49
- Turkey Panini grilled with Pepper jack cheese....\$6.99
- Veggie Panini made with hummus, roasted red peppers, grilled mushrooms, caramelized onions and tomato grilled with Swiss cheese....\$6.99

## Homemade Soups:

Served with a buttered roll.

- Cup of Soup....\$2.99
- Bowl of Soup....\$3.99

## Drinks:

- Sodas - 16oz - \$1.19
- 20oz - \$1.39

Juice - \$1.95

Milk - \$1.25

**Smoothies:** All natural. No artificial syrups. Blended with your choice of Orange juice or low fat vanilla yogurt and milk. A refreshing treat!  
Strawberry/banana...\$3.25    Peach/banana...\$3.25

## Catering at The Chatty Squirrel Cafe

Let us help you with your next **breakfast** or **business luncheon**, bridal or baby shower, or any other get together with friends or family.

For a **morning event**, call ahead (1 day at least) and we will have a mouthwatering assortment of breakfast pastries, and/or quiche ready for Pick up.

If it's a **luncheon** you need, call ahead (1 day at least) and we will put together box lunches or platters to satisfy & delight any palate. Just relax, leave it to us, and we will have it ready for pick up.